

Mount Engadine Lodge perfect for business retreats

No phones. No inter-office memos. No electronic updates via the Blackberry.

Admittedly, the high-energy managers and executives who visit Kananaskis Country to attend corporate retreats or strategic sessions are sometimes taken aback by their first experience of the serenity, the wilderness solitude and the absolute peace of Mount Engadine Lodge.

But lodge owner Andrew Kyle confirms that they invariably adjust in a heartbeat.

"There are no phones, we're out of cell coverage range and we have limited access to the Internet. It can be a bit of a shock for a first-time visitor," Kyle explains with a chuckle.

"But once they get a feel for the magnificent surroundings – not to mention our wonderful food – they're quite happy to be here, believe me," he adds.

Think about it. Wouldn't Mount Engadine Lodge



Mount Engadine Lodge is a hassle-free environment for productive work.

provide the picture-perfect setting for your business group the next time it feels the need to focus directly on the task at hand, with no unwelcome distractions?

You might be surprised how much productive work can get done in the intimate setting of a cozy, comfortable, full-service hideaway nestled deep in the Rocky Mountains. And when it's time to close your briefcase and relax, all outdoors is your playground at Mount Engadine Lodge,

readily accessible from Canmore by car. World-class hiking trails, snowshoeing and ski runs beckon from outside your window. Maybe you'd prefer to bask in the pleasures of this pristine natural setting, where the views take your breath away and where your nearest neighbours include visiting coyotes, moose, elk, deer, beaver, bald eagles, herons and owls.

Or perhaps a reflective pitstop in a seat near one of

Mount Engadine Lodge's hand-crafted fireplaces. Or the warm, inviting hot tub.

As the Lodge website (www.mountengadine.com) puts it, there is so much to do. Or not do. The choice is yours.

"We feel this is the perfect place for hardworking business people to come – sort of a restorative way to cleanse your mind and spirit," says Kyle, who offers a variety of services to facilitate the process, including yoga sessions, massage therapy

and guided wilderness hikes.

Modern and fully equipped, Mount Engadine Lodge was built in 1987 and extensively renovated in 2003 and 2004. The professional staff has made customer service a personal watchword and the lodge's world-class chefs prepare a brand of fresh, wholesome, delicious meals that have attained semi-legendary status throughout Kananaskis Country.

Management has worked tirelessly to create a hospitable, family-style atmosphere, limiting lodge capacity to no more than 24 guests at a time.

Group rates, by the way, will astonish you. If you book the lodge for a business team of 20 or more, the price works out to less than \$125 a person per night for a two-night stay. Price includes three meals, one afternoon tea and amenities.

For more information, phone **403.678.4080** or send an e-mail to: lodge@mountengadine.com. The fax number is 403.678.4020.